



NEWSLETTER

Australian Resuscitation Council

February 2006

Vol 30 No. 1

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“SAVING LIVES WITH CPR HAS NEVER BEEN EASIER”

In a move aimed at increasing survival rates from cardiac arrest the Australian Resuscitation Council has made new recommendations on how CPR is performed.

The radical shift in this life saving technique is based on international evidence that more frequent chest compressions may result in an increased chance of survival.

CPR will now be performed with a ratio of **30 compressions to 2 ventilations** and the new guidelines should make teaching easier as well as easier to remember. The ARC is Australia's peak resuscitation body and these changes are the result of extensive international collaboration between resuscitation Council's around the world and are based on the best evidence.

By making the resuscitation easier to remember and teach, the ARC believes that more people will be comfortable to attempt resuscitation. Currently less than half the cardiac arrest victims get resuscitation from bystanders. If we can increase the number of people who are prepared to give resuscitation we will save lives.

The new ARC guidelines were released on the ARC website on Friday 3rd March.

www.resus.org.au

Council made the decision to forward all subscribers a “NEW” up to date manual. Please remove the contents of your folder and replace with the enclosed manual. This will ensure that all subscribers will have an up to date copy of the ARC manual of guidelines.

**SPARK OF LIFE CONFERENCE 2007-
UPDATE**

"Improving the Odds"

***6th International Spark of Life
Conference 27-28 April 2007
Conrad Jupiters on the Gold
Coast, Queensland***

Registration Fee for the 2 day conference

\$440.00 (Incl of GST) before 26th March 2007

\$473.00 (Incl of GST) after 27th March 2007

*(Registration brochures will be available in
July/August 2006.)*

International Keynote Speakers

Jerry Nolan (UK)

Mary Fran Hazinski (USA)

Karl Kern (USA)

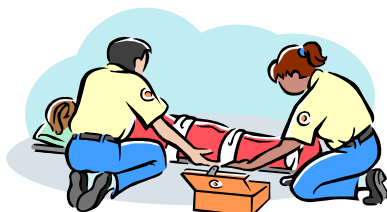
Australian Visitor

Vic Callanan (Qld)

Council have discussed the possibility of running a Paediatric satellite meeting on Thursday 26th April 2007 prior to the conference. Council will make a decision shortly whether or not this proposed meeting will go ahead. Details will be posted on the ARC website as they become available.

NEW AND/OR UPDATED GUIDELINES

As reported on page 1 of this Newsletter, the "new" ARC guidelines were released on Friday March 3rd 2006. Enclosed with this Newsletter is a "new" hard copy of the manual.



**HAPPY 30th BIRTHDAY
TO THE ARC**



The Inaugural meeting of the Australian Resuscitation Council was held on 7th & 8th February 1976. The meeting was chaired by the Acting Convenor, Dr Tess Brophy (nee Cramond).

An Inaugural Ceremony was held in the small lecture theatre at the Royal Australasian College of Surgeons. During the ceremony sentiments of thanks were expressed to Dr Brophy for her untiring efforts in initiating the concept of the Australian Resuscitation Council.

A dinner will be held in July to celebrate the 30th year of the ARC and it is hoped that all past Chairmen and Deputy Chairmen will be available to attend.

ROLL OF HONOUR

At the February 2006 Council meeting, A/Professor Vic Callanan was unanimously elected to the ARC Roll of Honour.

Council members extend their congratulations to Vic on a well deserved award. As reported in earlier Newsletters, Vic was a Council representative from 1989-2005 and National Chairman from 1993-2000.

Vic will attend the Council dinner in July to be formally inducted into the Roll of Honour.

**ARC ACCREDITATION OF ALS
COURSES IS NOW AVAILABLE!**

Full details about how you can apply for ARC accreditation of your ALS course can be obtained from the ARC website www.resus.org.au.

**HOW TO BECOME A
"NEW SUBSCRIBER"**

To become a new subscriber and obtain a hard copy of the Manual of Guidelines you need to forward the amount of **\$143.00** (Inclusive of GST & P&H) to the ARC Office. This amount can also be paid by credit card or if necessary an invoice can be forwarded with the manual. Full details are available on the ARC website by going to the "How to Subscribe" link.

ARC POSTERS

Council has made the decision not to do a reprint of the ARC posters to incorporate the latest changes. The production of the posters has never been a cost effective exercise for the ARC.

A copy of all the flowcharts; BLS, Adult ALS, Paediatric ALS and Choking can be downloaded from the ARC website.

Contact details for the ARC National Office:

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**NEWSLETTER EDITOR
MRS CAROL CAREY**

ARC Newsletter

February 2006

"ANY ATTEMPT AT RESUSCITATION IS BETTER THAN NO ATTEMPT"

UPCOMING EVENTS

**ARC VICTORIAN BRANCH
CONFERENCE**

Resuscitation: Research to Reality
Saturday 20th May 2006
Melbourne Health, Parkville

This conference will provide an opportunity for all those involved in resuscitation to learn about the major changes to Australian and international resuscitation Guidelines and the evidence driving these changes. Topics covered will include:

- Basic and Advanced Life Support (Paediatric, Neonatal and Adult)
- Interdisciplinary and First Aid topics
- Provision of Emergency Care in Iraq

Speakers will include Australian members of the International Liaison Committee on Resuscitation involved in the development of the recently released Consensus on Science and Treatment Recommendations.

The cost is only \$140 (early bird) and \$165 (normal) and numbers are limited.

Further information can be obtained by contacting the conference organisers on (03) 9886 9166 or email info@danseap.org

**AUSTRALIAN COLLEGE OF CRITICAL
CARE NURSES (ACCCN)**
Institute of Continuing Education
Critical Care Nursing Education

7th Annual Meeting - 26 & 27th May 2006
Carlton Crest Hotel
Melbourne, Victoria

ACCCN – ICE
Phone: 61 3 9347 8577
Fax: 61 3 9347 8522
ice@accn.com.au
www.accn.com.au

Pre conference workshops include:

- ADAPT workshop
- ALS refresher course (accreditation included)
- ALS instructor workshop
- ALS certification available during conference

Registration online is available – www.accn.com.au

ARC QUEENSLAND BRANCH

“CONSENSUS – The Final Link”

3-4 June 2006
Crowne Plaza Hotel
Surfers Paradise, Queensland
Cost \$350.00

Conference Management:
Iceberg Events
Jodie Parker
Jodie@icebergevents.com.au
Mobile: 0407 693 179

TRAUMA 2006

28 September - 1 October 2006
GOLD COAST, QUEENSLAND

For further details please contact:

Trauma 2006
Conference Managers
Event Planners Australia
PO Box 1280
MILTON QLD 4064
AUSTRALIA

Tel: +61 (0)7 3858 5538
Fax: +61 (0)7 3858 5510
Email: info@trauma2006.com
Website: www.trauma2006.com

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