



NEWSLETTER

Australian Resuscitation Council

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2007 SPARK OF LIFE CONFERENCE

By the time you read this Newsletter it will only be a matter of weeks before the conference. Planning is well on track. **Have you registered yet?** The full conference registration brochure can be copied from the ARC website www.resus.org.au, via the conference link.

Once again, one of the highlights of the conference will be the trade exhibition. Council is very appreciative of all companies for their continued support of the SOL conference. Exhibitors for the 2007 conference are; Laerdal (Principal Sponsor), Medtronic (Major Sponsor), CSL (Sponsor), Ambu Reef Medical, Bosco Medical Australia, Cardiac Science, Cellplex Pty Ltd, Fisher & Paykel Healthcare, LMA Pac Med, Medic Media International, Medtel, Parasol EMT, Philips, Rapp Australia, Survival Emergency Products, Welch Allyn and Zoll Medical.

The free paper sessions will be held on Friday 27th April. The poster presentations will be on display in a designated area during the two day conference. Posters will be presented during the lunch break on Friday 27th April. There will be a prize for the best free paper and poster. If anybody is still interested in submitting a poster presentation, please contact Carol Carey at the ARC office.

Our keynote speakers and Australian visitor are looking forward to presenting at the 6th International Spark of Life Conference.

Don't miss out on this event, if you haven't already done so, register now!

WHO IS IT?

The picture below is proof of just how hard Council members work. At the most recent Council meeting, one of our members just couldn't keep his eyes open any longer!



Do you know who this is?

(The answer is on the last page of this newsletter.)

ADVANCED AND IMMEDIATE LIFE SUPPORT COURSES

As many would be aware the ARC has worked in partnership with the Resuscitation Council – United Kingdom (RC-UK) to co-badge both the Advanced Life Support (ALS) and Immediate Life Support (ILS) courses developed by the RC-UK. A number of these courses have now been run and are highly regarded. One big advantage of this co-badging arrangement is that both the ALS and ILS course are mutually recognised in Australia and the UK.

Course manuals and teaching materials have been modified to comply with ARC guidelines and the ARC will administer both courses with various organisations (course centres) providing the teaching. For more information on these courses or how to become a course centre please refer to the ARC website (www.resus.org.au)

ADULT CARDIORESPIRATORY FLOW CHART

It appears that there are many people who are misinterpreting witnessed/monitored arrests in the box for Precordial Thump on this flow chart to mean witnessed or monitored and not witnessed and monitored arrests.

EMERGENCY TELEPHONE NUMBERS

It was reported at the November 2006 Council meeting that people were experiencing problems when trying to ring emergency telephone numbers from their mobile telephones. This issue was followed up with the Australian Communications Authority www.acma.gov.au who advised that 000 can only be used on a fixed landline and on a mobile where it is connected to the user's service provider. Where the mobile phone is accessing the telephone network through another provider 000 may not work. The best advice is:

- Dial 000 in an emergency.
- If using a mobile and 000 does not work – dial 112.
- 112 will access the local emergency services anywhere in the world

USE OF THE ARC LOGO

From time to time the ARC receives requests to either use the ARC logo or endorse products or services. This issue has been extensively considered by council and the following administrative instruction was recently approved by Council.

USE OF THE ARC LOGO AND ENDORSEMENT

The ARC logo is recognised nationally and internationally as belonging to the Australian Resuscitation Council – Australia's peak resuscitation body and is protected under Australian copyright law. Accordingly the use of the logo is restricted as approved by the ARC. From time to time the ARC may also approve the use of the logo on materials, or endorsement of products or services in partnership with other organisations where this would enhance the overall objectives of the ARC.

NEW AND/OR UPDATED GUIDELINES
(Included with this Newsletter)

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Index of Guidelines Pages 1-5

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Guideline 8.9.3 Envenomation– Spider Bites
Guideline 8.9.5 Envenomation–Tick Bite
Guideline 9.1.1 Cardiopulmonary Resuscitation Training

DRAFT GUIDELINES CURRENTLY UNDER REVIEW

The following draft guidelines will be issued to member organisations and State Branches, as committee working drafts, for consideration at the next meeting of Council.

Final Drafts

Guideline 8.2 Heart Attack
Guideline 11.1.1 Airway, Breathing and Circulation for Advanced Life Support Providers

First Drafts

Guideline X Stroke
Guideline 8.9.6 Envenomation-Jellyfish Stings
ARC First Aid Guidelines x 9 plus glossary

Contact details for the ARC National Office:

Mrs Carol Carey, Executive Officer
Australian Resuscitation Council
C/- Royal Australasian College of Surgeons Spring Street,
Melbourne Vic 3000 Tel: (03) 9249 1214
Fax: (03) 9249 1216
Email: ARC@surgeons.org

**NEWSLETTER EDITOR
MRS CAROL CAREY**

UPCOMING EVENTS

6TH INTERNATIONAL "SPARK OF LIFE" CONFERENCE

"IMPROVING THE ODDS"
26-28 April 2007
Conrad Jupiters Hotel, Gold Coast,
Queensland

NEONATAL SATELLITE MEETING
"Improving the Odds for Babies"
THURSDAY APRIL 26 2007 – Registration Fee
\$220.00 (Incl of GST)

Registration Fee for the 2 day SOL conference
\$440.00 (Inclusive of GST) - before 26th March 2007
\$473.00 (Inclusive of GST) – after 27th March 2007

Further details:

Mrs Carol Carey, Conference Convenor, Australian Resuscitation Council, C/- RACS, Spring Street MELBOURNE VIC 3000 Tel: (03) 9249 1214 Email: arc@surgeons.org

DON'T MISS OUT REGISTER NOW!





Heart Foundation

National Heart Foundation of Australia's Heart Week 2007 - Sunday 29 April to 5 May

In Heart Week 2007 the Heart Foundation will launch the **Chest Pain – every minute counts** Program, an ongoing strategy to raise awareness of heart attack warning signs, provide a plan of action for when the warning signs are experienced and explain the benefits of quick action.

Heart attack is a life-threatening event. Each year, coronary heart disease – mainly heart attack - is the underlying cause of death for almost 25, 000 Australian men and women. Although modern clot-dissolving medications and other therapies have improved in-hospital survival, heart attack remains an often fatal event, largely because more than 50% of people who die from a heart attack do so before reaching hospital.

Many Australian lives are lost each year because the person experiencing warning signs of heart attack, or those who are with them, do not recognise this event as life-threatening, and do not act quickly to call an ambulance.

The Heart Foundation is committed to saving lives and reducing the burden of illness and disability caused by heart attack. Reducing the amount of time people wait between the onset of the warning signs of heart attack and calling triple zero (000) for an ambulance has the potential to substantially achieve this.

If you would like to be part of Heart Week 2007, call Heartline 1300 36 27 87 for more information, or visit www.heartfoundation.com.au/heartweek to register online and receive your Heart Week 2007 kit, which includes two A3 posters, 30 Heart Attack booklets and five Heart Foundation balloons.

ANNUAL SCIENTIFIC MEETING – MAY 2007

The Australian and New Zealand College of Anaesthetists, Faculty of Pain Medicine and the Joint Faculty of Intensive Care Medicine would like to invite you to the 2007 Annual Scientific Meeting to be held at the Melbourne Exhibition and Convention Centre from 26 – 29 May.

The theme of the meeting is "Perioperative Medicine: Evidence and Practice" which covers all aspects of pain medicine and anaesthesia, from pre-operative preparation, intra-operative management to post-operative care with an emphasis on best practice from available evidence. Professor Bruce Spiess, Professor Alan Merry, Professor Martin Koltzenberg and Dr Dan Sessler will join renowned national and local speakers to deliver this exciting program.

Please note the important key dates:

- * October 2006 - online call for abstracts opens
- * January 2007 - registration opens
- * 20 February 2007 – deadline for receipt of abstracts
- * 31 March 2007 – early bird registration closes
- * 26 – 29 May 2007 – ANZCA ASM 2007

If you would like further information please visit the Annual Scientific Meeting website at <http://www.anzca2007asm.com/index.php>

(Answer: Our hard working Deputy Chairman Dr Peter Morley!)