

# NEWSLETTER

## Australian Resuscitation Council

July 2007

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### 2007 SPARK OF LIFE CONFERENCE

**A**nother great conference with a total number of 614 delegates registered over the three days. The feedback has been excellent and we have already begun working on the 2009 conference. The dates and venue for the next event will be announced shortly – please keep an eye on the ARC website [www.resus.org.au](http://www.resus.org.au).

**A**wards presented at the Conference were as follows:

**Best Free Paper Presentation:**

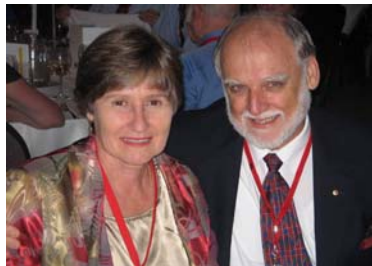
"4 Steps for Life" Community CPR Awareness Program for the over 40's  
Lorraine Kemp, Metropolitan Ambulance Service Melbourne.

**Best Poster Presentation:**

"Emergency Deal With It" – Ambulance in schools program (primary)  
Helen Neely, Metropolitan Ambulance Service Melbourne.



**International speakers**  
Mary Fran Hazinski and Karl Kern  
at the Conference Dinner



**Australian Visitor** – Vic Callanan  
with his wife Doreen at the  
Conference Dinner



**Scientific Convenor**  
Jennifer Dennett

## HONORARY EMERITUS CONSULTANT

**A**t the most recent Council meeting, it was unanimously agreed that A/Professor Vic Callanan be offered the appointment of Emeritus Consultant. Vic's knowledge and experience on resuscitation related matters (both nationally and internationally) will be of significant assistance to the ARC from time to time.

**C**ouncil is delighted to announce that Vic has indicated that he would be honoured to accept this appointment.

## ACCREDITATION OF ALS COURSES *Curriculum Review Service*

**I**n January 2006 the ARC began the process of accrediting ALS courses. The following courses have successfully completed the review process and have been accredited by the ARC;

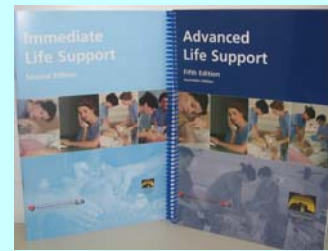
- Critical Care Education Services (2006)
- Flinders University of SA – ALS Course for medical Practitioners (2006)
- Code Blue Nurses (2007)
- Joondalup Health Campus (2007)
- Consortium of Education (2007)

**T**he Resuscitation Council (UK) ALS and ILS courses are also ARC accredited. These courses are the only ones which are also co badged by the ARC.

**T**he ALS Curriculum Review Service is administered through the Advanced Life Support Committee of ARC and utilises the Australian College of Critical Care Nurses (ACCCN) to facilitate the process. ARC and ACCCN contracts independent external reviewers to assess whether curricula submitted for review are consistent with ARC guidelines and the ACCCN ALS Curriculum Guide.

**I**nformation about the review process can be obtained from the ARC website [www.resus.org.au](http://www.resus.org.au).

## ALS & ILS COURSE MANUALS



**T**he cobadged Resuscitation Council (UK) / ARC ALS and ILS Course Manuals (second edition) are available for purchase outside of courses.

**ALS:** \$88.00 (inclusive of GST & P&H)

**ILS:** \$44.00 (inclusive of GST & P&H)

## COLLEGE OF EMERGENCY NURSING AUSTRALASIA (CENA)

**A**t the February 2007 Council meeting, the College of Emergency Nursing Australasia (CENA) were granted full membership of the Australian Resuscitation Council. Dr Julie Considine attended her first Council meeting representing CENA. Council welcomes CENA's input and expertise.

## ARC BACK PACKS



(Limited Stock)

**\$15.00 each**  
(Inclusive of GST & P&H)

Orders can be sent via email [arc@surgeons.org](mailto:arc@surgeons.org) or  
Fax (03) 9249 1216

## ARC T-SHIRTS

The ARC t-shirts are not only being used in the class room but also as a team uniform!



Tasmanian Red Cross First Aid Instructors



Dubbo medical students (and ultimate frisbee team) have selected the ARC T-shirt as their team uniform.

## NEW AND/OR UPDATED GUIDELINES

- Yellow Border - Index of Guidelines -Pages 1-4
- Blue Border - Guideline 8.2 Heart Attack  
Guideline 8.9.6 Envenomation–  
Jellyfish Stings
- Red Border - Guideline 11.1.1 Airway,  
Breathing and Circulation for  
ALS Providers

## ENVENOMATION – JELLYFISH STINGS GUIDELINE 8.9.6

The newly released guideline for envenomation-jellyfish stings reflects the ARC's move towards evidence based treatment recommendations.

The guideline has three main treatment arms, tropical stings, non-tropical bluebottle stings and the other non-tropical minor stings. The first aid treatment for tropical stings remains unchanged with vinegar to neutralize unfired stinging cells, and the non-tropical stings other than bluebottles receive pain relief from ice or cold packs.

The area of change is in the identification and first aid treatment of non-tropical bluebottles. This follows an extensive worksheet (available from the subscriber's only area of the ARC website [www.resus.org.au](http://www.resus.org.au)) that reviewed all the currently available published research. The updated treatment recommendation is for non-tropical bluebottle stings to be treated with immersion in hot water, as hot as can be tolerated by the rescuer. Should hot water not be available ice or cold packs can be used for pain relief.

Member organisations involved in aquatic rescue and first aid have welcomed the changes and moved quickly to promote, implement and educate their "on the beach" first responders and the public in this new ARC recommendation.

## DRAFT GUIDELINES CURRENTLY UNDER REVIEW

The following draft guidelines will be issued to member organisations and State Branches, as committee working drafts, for consideration at the next meeting of Council.

Final Draft  
Guideline 8.24 Stroke

First Drafts  
ARC First Aid Guidelines x 9 plus glossary

## DELETED GUIDELINES

The following guidelines have been deleted from the ARC Manual:

- Guideline 9.5.1 Evaluation of CPR Training Manikins – Adult
- Guideline 9.5.2 Evaluation of CPR Training Manikins – Child
- Guideline 9.5.3 Evaluation of CPR Training Manikins - Infant

Please remove these guidelines from your manual.

## RESEARCH GRANT SCHEME

The Australian Resuscitation Council (Victorian Branch) has introduced a grant scheme to facilitate research into the practice of resuscitation or first aid in the Australian setting.

The scheme aims to support high quality resuscitation research projects which require only modest funding with an emphasis on projects relevant to Australian conditions. In 2007 Grants of up to \$10,000 may be approved for research focused on the area of basic or advanced life support or first aid addressed within a current ARC Guideline.

Applications close Friday 21<sup>st</sup> September 2007  
Late applications will not be considered.

Research grant guidelines and the grant application form can be downloaded from the contacts link (Victorian Branch) on the ARC website [www.resus.org.au](http://www.resus.org.au)

## COUNCIL REPRESENTATIVES JULY 2007



Front Row L-R: Colin Morley (Co-opted Neonatologist), Peter Morley (Deputy Chairman), Carol Carey (Executive Officer), Ian Jacobs (Chairman), Jennifer Dennett (Convener BLS Sub-Committee)

Second Row L-R: David Scott (ADF), Steve Dean (Chairman ARC Qld Branch), Natalie Ashcroft (RCNA), Michael Parr (ANZCA), John Pearn (RLSS)

Third Row L-R: Tony Walker (Chairman ARC Victorian Branch), Carol Cunningham (NHF), Natalie Hood (SLSA), Pam Fidler (Australian Red Cross), Franklin Bridgewater (Royal Australasian College of Surgeons)

Back Row L-R: Peter Mckie (Chairman ARC NSW Branch), George Merridew (ANZCA), Hugh Grantham (Chairman ARC SA Branch & Council of Ambulance Authorities, Malcolm Anderson (Chairman ARC Tasmanian Branch), Julie Considine (CENA)

Absent: Jim Tibballs (Paediatric & Child Health Division RACP), Jeff Wassertheil (ACEM), Chris Hogan (RACGP), John Hall (ACAP), Peter Warfe (St John Ambulance Aust)

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