

# NEWSLETTER

## Australian Resuscitation Council

March 2003

Vol 27, No. 1

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### **5<sup>th</sup> INTERNATIONAL SPARK OF LIFE CONFERENCE 2005 - UPDATE**

**DATE: 15-16 April, 2005**

**VENUE: Hilton Hotel, Adelaide, South Australia**

**Workshops will be held on Thursday 14<sup>th</sup> April**

#### **International Keynote Speakers**

**A**t the recent Council meeting consideration was given to suitable Keynote Speakers for the conference. Hopefully these speakers will be announced in the next Newsletter.

#### **Australian Visitor**

**C**ouncil is happy to announce that A/Professor Frank Archer has accepted the honour of being the "**Australian Visitor**" for the 2005 conference.

#### **Memorial Lecture**

**A** recommendation was made to have a memorial lecture as part of the scientific program. The recommendation was passed and it was agreed unanimously that this lecture be named:

***"The Ian Mackie Memorial Lecture"***

**M**rs Ruth Mackie is honoured to have this memorial lecture named after her late husband Ian.

**A**s most readers would be aware, Dr Ian Mackie was a world renowned water safety expert. He was the National Medical Advisor to Surf Life Saving Australia from 1976-1996 and was a member of the Australian Resuscitation Council for 14 years representing both Surf Life Saving Australia and the Royal Life Saving Society.

***MORE NEWS ABOUT THE  
CONFERENCE IN THE NEXT  
NEWSLETTER***

## **ANAPHYLAXIS**

**T**he Australian Resuscitation Council is currently reviewing their guideline on the first aid management of anaphylaxis - Policy Statement 8.23. A section on latex allergy will be included in the new guideline.

**A**naphylaxis is an acute, severe allergic reaction, which can be triggered by a variety of substances, and can be life threatening. The ARC believes that people with diagnosed allergies that may lead to anaphylaxis should have an emergency plan. These people often have prescribed medication in the form of injectable adrenaline. The injection of adrenaline is often critical in life threatening anaphylaxis. The ARC promotes the use of such prescribed medication in the treatment of life threatening anaphylaxis.

## **ASTHMA ATTACK – FIRST AID MANAGEMENT**

**T**he Australian Resuscitation Council recognises that Asthma is an extremely common lung condition.

**P**olicy Statement 8.15 outlines a management plan which should be used in an asthma attack. The ARC agrees with the National Asthma Council, Australia and the Thoracic Society of Australia and New Zealand that there should be a uniform approach to the management and treatment of asthma in the community with appropriate use of bronchodilators.

***“Don’t forget to make a note in your diary”***

***5<sup>th</sup> International Spark of Life  
Conference  
Hilton Hotel, Adelaide, SA  
15-16 April 2005  
Workshops 14th April***

## **PRESENTATIONS**

**C**ouncil members have been fortunate in being witness to two very informative presentations at the past two Council meetings.

**I**n November 2002, Dr George Merridew who is the Australian Defence Force Council representative gave a presentation on the September 12<sup>th</sup> 2002 Bali disaster. Dr Merridew was part of the medical team which went to Bali and the stories he told of pain and suffering together with heroism were remarkable. He said the Australian Defence Force were to be congratulated on an excellent well organised operation.

**A**t the most recent meeting in March, Dr Peter Fenner was present as the proxy for Surf Life Saving Australia. He gave a very informative presentation on Marine Envenomation. The slides he showed were amazing and made one aware just how deadly these marine creatures can be.

### **BEST WISHES**

Council would like to extend their best wishes to Dr Karen Theobald, Chairman, ARC Qld Branch as she awaits the birth of her first child in early May.

Wait for the update in July!!

## **INTERNATIONAL LIAISON COMMITTEE ON RESUSCITATION (ILCOR)**

**T**he next ILCOR meeting will be held in April 2003 in Dallas. The ARC will be represented by the National Chairman, A/Professor Ian Jacobs, the Deputy Chairman Dr Peter Morley and Dr Jim Tibballs. At all ILCOR meetings the ARC and the New Zealand Resuscitation Council (NZRC) are represented as one group and known as ANZCOR.

## **POLICY STATEMENTS TO GUIDELINES**

**A**s of March 2003 the Australian Resuscitation Council commenced the process of replacing its "Policy Statements" with "Guidelines". Such a transition is consistent with national and international trends in adopting an evidence based approach to health care. Further information regarding the development of evidence based resuscitation guidelines can be found in Guidelines 1.1 to 1.4.

**A**s new guidelines are developed and published, existing policy statements will also be revised and issued as guidelines. As this transition process will take a number of years to complete there will be a period when guidelines will coexist with policy statements. During this time readers should consider both as authoritative statements of the Australian Resuscitation Council.

## **NEW AND/OR UPDATED GUIDELINES/POLICY STATEMENTS**

Which accompany this Newsletter

### **Yellow Border**

- Policy Statements to Guidelines.
- Contents of Guidelines and Policy Statements Pages 1-5.
- Guideline 1.1 Aims and Objectives of the ARC
- Guideline 1.2 Guideline Decisions of the ARC
- Guideline 1.3 Process for Developing Resuscitation Guidelines
- Guideline 1.4 Principles and Format for Developing Guidelines

## **DRAFT GUIDELINES/POLICY STATEMENTS CURRENTLY UNDER REVIEW**

**T**he following Guidelines/Policy Statements have been issued to member organisations and State Branches, **as drafts**, for consideration at the next meeting of Council.

- Guideline 11.6.1 Post-Resuscitation Therapy in Adult Advanced Life Support
- Guideline 11.6.2 Therapeutic Hypothermia After Cardiac Arrest
- Guideline 12.7 Techniques in Paediatric Advanced Life Support

## **DELETE**

Please delete P.S. 1.5 from your manual. This policy statement has now become an Administrative Instruction.

**NEWSLETTER EDITOR  
MRS CAROL CAREY**

**Subscribers please note:** Newsletters and Guideline/Policy Statement updates are distributed to all financial subscribers three times per year after each Council meeting. Meetings are usually held in March, July and November of each year. Allowing time for printing etc distribution usually happens in April, August and December.

## UPCOMING EVENTS

### 2003

#### **AUSTRALIAN RESUSCITATION COUNCIL QUEENSLAND BRANCH**

**“FIRST RESPONDER - THE MISSING LINK”**  
**Brisbane, 15-17 May 2003**  
(Tess Brophy Lecture and Conference Welcome 15<sup>th</sup> May,  
Social Dinner Dance on Friday evening.)

Following the outstanding success of their inaugural Basic Life Support conference (First Responder - Myths, Facts and Dilemmas'), the Queensland Branch of the ARC is doing it again in 2003.

*"The 2003 conference will again focus on Basic Life Support and will have the theme of First Responder - The Missing Link" said Dr Karen Theobald ARC's Queensland Chairman. "We were thrilled with the achievements of the first conference and now is the time to do it again" she added.*

The conference will examine all aspects of the first responder, including resources, community engagement, tasking, initial and on going training. It will examine the differing needs of communities and first responders in terms of geography, demographics and culture. Like all previous ARC conferences this one will also be a showcase for contemporary resuscitation and first aid research, equipment and practices.

**For further details please contact:**  
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#### **CALL FOR PAPERS**

**AUSTRALIAN COLLEGE OF AMBULANCE  
PROFESSIONALS**  
**National Prehospital Care Conference**  
**Hobart**  
**19-20 September 2003**

The theme of the conference is *Expanding Horizons: Fresh Perspectives*, which is further broken down into the following sub themes:

- Technology in the Prehospital environment.
- Expansion of the role of the paramedic.
- Health Care in the rural environment: What is our role?
- Where does Paramedic Education go from here?

Interested professionals are invited to submit papers for presentation at the ACAP2003 Conference. There are two categories of papers, including major presentation and free papers. Closing dates are April 30<sup>th</sup> and 30<sup>th</sup> May 2003 respectively. For further information regarding submission of papers, please visit the ACAP website at [www.acap.org.au](http://www.acap.org.au) and follow the conference link or contact:

Dale Edwards  
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For information on the conference, please visit the ACAP website at [www.acap.org.au](http://www.acap.org.au) and follow the conference link, email [conference2003@acap.org.au](mailto:conference2003@acap.org.au), via mail at ACAP2003, 1-5 Melville St, Hobart, TAS, 7000 or phone 62308570.

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### **2005**

**5<sup>th</sup> International Spark of Life Conference -**  
**Hilton Hotel**  
**Adelaide, South Australia**  
**15-16 April, 2005**  
**(Workshops Thursday 14<sup>th</sup> April)**