

PUBLICATION AMENDMENT

Standards for Resuscitation: Clinical Practice and Education

PLEASE NOTE: If you have purchased a copy of the above publication please note that there was a printing error on page 16 under Suggested Equipment for Adult Resuscitation. Under Drugs a) First line drugs the dose for Lignocaine should read 100mg as below (not 1mg).

We apologise for this error – all future copies have been amended to incorporate this change.

Adult Resuscitation

<p>Airway Equipment</p> <ul style="list-style-type: none"> • Pocket mask with oxygen port • Self inflating resuscitation bag valve mask system with oxygen reservoir and tubing (with filter if not disposable) • Clear face masks - sizes 3, 4, 5 • Oropharyngeal airways - sizes 2, 3, 4, 5 • Nasopharyngeal airways - sizes 6, 7 • Suction (either piped or portable) • Yankaeur Suckers • Tracheal suction catheters - sizes 12Fr, 14Fr • Laryngeal mask airways - sizes 4, 5 • Magill's forceps • Endotracheal tubes – oral, cuffed sizes 6 – 9mm ID • Intubating stylet • Laryngeal masks – sizes 3, 4, 5, 6 • Tracheostomy tubes – cuffed sizes 6 –10 mm ID • Gum elastic bougie or equivalent • Lubricant gel • Laryngoscope handles • Laryngoscope blades (standard and long) • Spare batteries and spare bulbs (if applicable) • Fixation for tube (ribbon gauze/tape) • Scissors • Selection of syringes • Non-rebreathing oxygen mask • Oxygen (piped or portable) • Stethoscope • End Tidal Carbon Dioxide detector/monitor • Nasogastric tubes • PEEP Valve 	<p>Drugs</p> <p>a) First line drugs</p> <ul style="list-style-type: none"> • Adrenaline 1mg (1:10,000) x 4 • Atropine 1mg x 1 • Amiodarone 150mg ampoules x2 and 5% Dextrose • Lignocaine 100mg <p>b) Other readily available drugs</p> <p>Intravenous medications</p> <ul style="list-style-type: none"> • Adenosine 6mg x 10 • Adrenaline 1 mg (1:10,000) x 4 • Adrenaline 1 mg (1:1000) x 2 • Amiodarone 150mg ampoules x2 • Calcium chloride 1g/10ml (6.8mmol/10ml) x1 • Diazepam 10mg/2ml • Glucose 50% x 1 • Magnesium Sulphate 2.5g/5ml • Midazolam 10mg • Naloxone 400mcg x 1 • Potassium Chloride • Propofol 200mg/20mls • Sodium bicarbonate 8.4% 100ml x1 • Vasopressin 20units/ml <p>Other Medications/equipment</p> <ul style="list-style-type: none"> • Salbutamol 5mg nebulas x 2 • Ipratropium 500mcg nebulas x 2 • Nebuliser device and mask • GTN spray • Aspirin 300mg • Frusemide
<p>Circulation Equipment</p> <ul style="list-style-type: none"> • Biphasic defibrillator (shock advisory module and/or external pacing facility to be decided by local policy) • ECG electrodes • Defibrillation gel-pads or self-adhesive defibrillator pads • Selection of IV cannulae • Selection of syringes and needles • Cannula fixing dressings and tapes • Seldinger central venous catheter kit • Intravenous infusion sets • 0.9% sodium chloride – 1000ml x 2 • Arterial blood gas syringes • Tourniquet 	<p>Additional Items</p> <ul style="list-style-type: none"> • Clock • Gloves/goggles/aprons • Audit forms • Sharps container and clinical waste bag • Large scissors • Alcohol wipes • Blood sample bottles • A slide sheet or similar device for safe handling • Blood glucose monitoring • Oxygen saturation monitor and probes • Drug labels/plain labels • Resuscitation recording chart • BLS and ALS flowcharts