

**Australian Resuscitation Council
Advanced Life Support Level 1
Provider Course Regulations - Appendix**

ALS1 Course Regulations - Appendix 1

The ALS1 course is appropriate for the following categories of candidates:

- Many clinicians currently registered with Australian Health Practitioner Regulation Agency (AHPRA)
 - Exceptions may include Optometrists, Osteopaths, Chinese Medical Practitioners
- Doctors - Hospital
- Doctors - Community
- Doctors - Rural
- Doctors – General Practitioners
- International Medical Graduates working towards Australian Medical Council (AMC) registration
- Medical students
- Nurses - Hospital
- Nurses - Community
- Nurses – Rural (including Nurse Practitioners)
- Resuscitation training staff for hospitals or community healthcare
- Midwives
- Operating Department/Anaesthetic Technicians
- Cardiac Technicians
- Physiotherapists
- Radiographers
- Dentists
- Podiatrists
- Radiographer
- Professional Ambulance Technicians / Paramedics
 - Ambulance personnel holding or working towards professional qualification (including but not limited to those recognised by the Council of Ambulance Authorities)
 - Ambulance personnel holding or working towards ambulance service state based education unit qualification
- Australian Defence Force medical and nursing personnel
- Australian Defence Force paramedical personnel

RACGP Fellowship Trainees

- RACGP Fellowship Trainees may be required to undertake cervical spinal immobilisation to include:
 - Early management of trauma:
 - Identify potential neck injury in trauma patient
 - Stabilisation of neck.
 - Assessment of competency using observation of clinical performance in simulated scenarios. (may be included in CASTeach session)
 - Please see ANZCOR guideline 9.1.6 Management of Suspected Spinal Injury <https://www.anzcor.org/>
- C-Spine care can be delivered as a targeted training workshop if required or in an extended airway session.
- Please see RACGP website for details

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The ALS1 course may only rarely be appropriate for people from these professions

- Nursing students
 - Including 'return to nursing' courses
- Occupational Therapists
- Assistants in Nursing
- Dental Nurses/Assistants
- Dietician
- Pharmacists

When applying from the above professions contact should be sought with the candidate to explore the requirement for the qualification and appropriateness of the course.

The ALS1 course may not be considered appropriate for the following categories of candidates (unless holding qualifications/criteria listed above):

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|---|---|
| ○ First aid providers | ○ Research assistants |
| ○ First aid trainers | ○ Clerical research support personnel |
| ○ Surf Life Saving or Royal Life Saving Society members/volunteer | ○ Social worker |
| ○ Occupational risk/safety officer/professionals | ○ Home Help providers |
| ○ Optometrists/Optician | ○ Retail pharmacy assistants |
| ○ Osteopaths | ○ Beauticians |
| ○ Speech therapist | ○ State Emergency Service volunteer |
| ○ Chinese medical practitioners | ○ Fire Service Technicians |
| ○ Acupuncturist | ○ Police Officers |
| ○ Aroma therapist | ○ Prison Officers |
| ○ Herbalist | ○ Veterinarian |
| ○ Hypnotherapist | ○ Pilots/Flight cabin personnel |
| ○ Naturopath | ○ Medical equipment technicians/engineers |
| ○ Massage therapist | ○ Audiologist |
| ○ Office manager, Reception and administration personnel | ○ Phlebotomy technician |
| ○ Ward Clerks | ○ Dialysis technician |
| ○ Hospital orderlies/porters | ○ Personal trainer |
| | ○ Aerobics instructor |
| | ○ Yoga instructor |

The lists above are not comprehensive and Course Centres may choose not to admit candidates to a course. Candidates with a medical science qualification will have better understanding of the course content and context.

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ALS1 Course Regulations - Appendix 2

Faculty requirements

Number of candidates	Number of candidate groups	Minimum number of core Full (ALS1 or ALS2) Instructor faculty required	Number of instructors in development that may be added*
<5	1	1	0
5 - 6	1	1	1
7 - 12	2	2	2
13 - 18	3	3	3
19 - 24	4	4	4
25 - 30	5 or 6	5	5

*** Instructors in development faculty must have one of the following qualifications:**

- Australian Resuscitation Council Instructor Candidate for ALS1
- Australian Resuscitation Council Instructor Candidate for ALS2
- New Zealand Resuscitation Council CORE Advanced Instructor certifying to become an ARC ALS1 Instructor (as an IC)
- RC(UK) or ERC ILS Instructor recertifying to become ARC ALS1 Instructor
- RC(UK) or ERC ALS Instructor recertifying to become ARC ALS1 Instructor

One additional recertifying Instructor may be added to the faculty. Second and more recertifying instructors will be counted in the instructors in development.

All Instructor Candidates must undertake two courses as an Instructor Candidate before being advanced to Full Instructor status.

Current EMST or APLS instructors who have been nominated as an Instructor Potential in ALS1 or ALS2 can undertake the course as an IC without the need to attend an ARC Instructor Course. They must have notified the Australian Resuscitation Council of their current status as an Instructor in EMST or APLS and received ARC IC status.

Note: All faculty must be registered with the Australian Resuscitation Council as Instructors or Instructors in development. Approval forms must be submitted on each occasion an Instructor in development and IC/recertifying instructor a member of faculty. All Instructors certification lasts four years.