Australian Resuscitation Council

Instructor Professional Development Records

The need for healthcare professionals to record professional, academic and other related activity has for some time been a requirement of continuing professional and personal development.

The Australian Resuscitation Council has a professional development record (PDR) that will enable you to collect, comment upon and evaluate your ongoing contribution to this specialist area of healthcare education.

This is not a replacement of current systems of documentation but may be used as an adjunct to current logbooks, portfolios and other record keeping. The PDR may prove of value and assist in times of professional college development requirements and national registration requirements. Healthcare professionals all take responsibility for their own self-development and acknowledging how this contributes to life long learning. It is an essential component of continuing professional development. The PDR is a critical account of your Instructor activity, rather than an annotated contents list. This provides you with the opportunity to place into context the work you undertake as an Instructor and outline where learning/development has taken place.
It is advised that Section 2 of the PDR is completed as a minimum.

SECTION 1: Introduction to Professional / Personal Development
Professional Development Record (PDR) Guidance

SECTION 2: Continuing Educational Professional Development
PDR Section 2

SECTION 2a: Continuing Educational Professional Development
PDR Section 2a

SECTION 3: Continuing Professional / Educational Development. Record of Professional Qualifications and Experience
PDR Section 3

SECTION 4a: Continuing Academic Professional Development Publications / Projects Completed
PDR Section 4a

SECTION 4b: Continuing Academic Professional Development: Record of Audit Projects / Guideline or Policy Development Episodes
PDR Section 4b

SECTION 5: Continuing Professional Development: Critical Incident Analysis
PDR Section 5

SECTION 6: Reflective Writing on the Teaching Experience
PDR Section 6